



Sober House:

The purpose of a sober house is generally to allow people to begin the process of reintegration with society, while continuing to provide monitoring and support. This is generally believed to reduce the risk of relapse when compared to a release directly into society.

Intent

Supportive living in a structured environment such as a sober living house has proven in many cases to be the element that enables individuals to embrace the process of recovery. By choosing a transitional living facility that encompasses a staff, safety, knowledge, and experience - you are sure to gain a firm footing in recovery from drugs and alcohol.

Chelsea's House Est. 2011

Chelsea's house is a community of people who are transitioning from treatment into independent sober living. Chelsea's house provides a structured environment so residents can continue their recovery journey and begin living their lives sober outside the confines of a treatment setting or detention facility.

Our properties are totally renovated single family homes. They are clean, bright and offer spacious sleeping quarters.



RENTAL AGREEMENT

Chelsea's house offers:

- Free Wi-Fi
- Coin-op laundry in house
- Full set of NA or AA literature (upon request)
- All paper products and cleaning supplies included.
- Central ACs in most properties

Rates

- Single room \$ 260.00 per week
- Double room \$240.00 per week

Rent is due by 6 pm every Friday. We accept cash, Venmo (Chelsea's-House) checks, and money orders. Cash, checks and money orders should be handed directly to the house manager. Residents will be informed regarding any third-party payers

**\$480.00 is required upon move in for the first and last week.

REFUND POLICY:

All residents must provide 2 weeks' written notice for any move-outs to use last week's rent. If a resident moves out and their rent is paid by a third party (such as a company, organization, or other individual), we will notify the payor of the resident's move-out. Any applicable refunds will be issued directly to the third-party payor, not the residents. Residents will be informed regarding any third-party payers.

Residents Name:

Date:

House Owner

Date:





HOUSE RULES

Chelsea's House House Rules

- Absolutely **NO alcohol or drug use** is permitted.
- Any relapse or substance use incident will be handled in accordance with the **Chelsea's House Relapse Policy**.
- **NO weapons, explosives, or fireworks** are allowed on the property.
- Smoking inside the house is strictly prohibited.
- Residents are expected to be respectful and considerate of neighbors and fellow residents at all times. Television, music, and conversation volume must remain reasonable, especially during early morning hours and after **9:00 PM**.
- All residents are responsible for completing assigned daily chores and cleaning up after themselves. Food is not permitted in bedrooms.
- Any resident found stealing from the house, staff, or another resident will be subject to **immediate discharge**.
- Guests are permitted in common areas only. Please refer to the House Guest Policy. **Absolutely NO overnight guests are allowed.**
- Residents must remove all personal belongings upon discharge or termination. Any property left behind will be discarded after **7–10 days**.

Curfew

- **Monday–Thursday:** Residents must be in the house from **11:00 PM – 5:00 AM**.
- **Friday–Saturday:** Residents must be in the house from **12:00 AM – 5:00 AM**.
- After **30 days of residency**, residents may apply for an approved overnight pass.

House Requirements

- Drug testing will be conducted **twice weekly** using quick cup screenings and may also be performed randomly at staff discretion.
- Residents are required to attend a **mandatory house meeting per week**.
- Residents are required to attend a minimum of **three recovery meetings per week**.
- All residents are required to have an active **Recovery Coach**. Contact information must be provided so enrollment can be verified. Chelsea's House can provide information to help connect residents with Recovery Coach services if needed.
- Residents are required to participate in a productive weekly activity. This may include employment, school, an approved job-training program, volunteer work, or active participation in a treatment program such as IOP or PHP. Residents must provide verification of their participation when requested.

I understand the above rules, any violations may be grounds for removal of the house.

SIGNATURE

DATE

Application for Sober Living

APPLICATION PROCESS:

1. **COMPLETE APPLICATION AND SUMBIT FORM**
 2. **Email to CHELSEASHOUSESOBERLIVING@GMAIL.COM**
 3. **\$450 REQUIRED FOR FIRST WEEK'S RENT AND LAST WEEK.**
 4. **ARRANGE TIME AND DATE OF ARRIVAL WITH APPROPRIATE PERSONNEL**
 5. **CONTACT MARI SANTOS (781) 666- 3752 OFFICE (857)326-2315 CELL**
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Name: _____ Date _____

Date of Birth _____

Address: _____ City: _____ State/zip: _____

Cell phone _____ Emergency contact name and phone # _____

Clean/Sobriety Date? _____ Drug of Choice: _____

Name of insurance company: _____

Member ID: _____

List prescription medications: (if not on any meds, please note that)

Circle which city you prefer: Chelsea, Lynn, East Boston, Malden (Lynn & East Boston are the only option for females)

Parole Date or graduation date (if applicable):

Which detox/treatment/jail center are you coming from? _____

Did you graduate? _____

What is your source of income?

Do you own a car: _____

**WELCOME TO CHELSEA'S
HOUSE**



Application for Sober Living

Have you ever stayed in a community living setting before? Yes No

List 3 positive things about yourself.

List 3 negative things about yourself.

Why do you want to be a resident at one of our facilities?

Where do you see yourself in 6 months – 1 year?